



### O'HARAS BAR

Food served daily 12-9pm  
( Last Orders 8.45pm)

Afternoon Tea served 12.30-5pm ( booking essential)

3 tv screen for all your sporting needs

Please dial 405



### COIS LOCHA RESTAURANT

Breakfast Mon-Fri, 7.00am-10.15am  
Sat, Sun & Bank Holiday 7.30-10.15am

Dinner served 5.30-8.30pm

Sunday lunch served 12-3pm

Please dial 0 for reception to make a reservation



### PRIVATE DINING IN THE OAK ROOM OR SHANNON SUITE

Please dial 0 for reception to enquire about our group menus



# DINE IN YOUR ROOM MENU

AVAILABLE DAILY  
12.00 - 21.00



# STARTERS

<b>Lakeside Seafood and Shellfish Chowder</b> (1w,2,3,4,7,9,10,11,12,14)	<b>€11.00</b>
with our homemade brown bread	
<b>Homemade Soup of the Day</b> (1w, 3,7,10,11,12)	<b>€7.00</b>
<b>Buffalo Chicken Wings</b> (1w,3,6,7,10,12)	<b>€12.50</b>
choose your style, sticky BBQ sauce or hot sauce	<b>Main Course €21.50</b>
with Cashel blue cheese dip. Main course includes chips.	
<b>Organic Fresh Irish Mussels</b> (1,3,7,9,12,14)	<b>€12.50</b>
cooked in white wine & garlic cream sauce	<b>Main Course €21.50</b>
with lemon, served with rustic toasted garlic bread,	
Main course includes chips.	
<b>Goats Cheese, Pear &amp; Walnut Salad</b> (7,8,10,12)	<b>€12.95</b>
seasonal leaves, pear pieces and candied walnut dressed with our house dressing, beetroot glaze and chargrilled goat's cheese.	
<b>King Prawn Piri Piri</b> (1,2,3,7,12)	<b>€14.50</b>
king prawns cooked in white wine, garlic,	<b>Main Course €23.00</b>
parsley and Piri Piri seasoning. Served with	
crispy garlic bread. Main course includes chips or rice.	
<b>Healthy Mexican Bowl</b> (3,10,12,13)	<b>€12.50</b>
salad with Cúlbhac farm organic egg,	<b>Main Course €16.50</b>
Salad bowl with mixed leaves, avocado, pinto beans,	
kidney beans, Sicilian sundried cherry tomato,	
fresh coriander, and crushed chilli tortilla chips.	
add southern chicken (3,9,10,12,13)	<b>€21.00</b>
add baked fillet salmon with sundried tomato butter (3,4,7,10,12,13)	<b>€23.50</b>
<b>Warm Smoked Chicken &amp; Bacon Salad</b> (10,12)	<b>€12.50</b>
with sundried tomatoes, crispy bacon, sauteed	<b>Main Course €16.50</b>
baby potatoes, honey & mustard dressed salad leaves.	
Main course includes chips.	

# MAIN COURSES

<b>10oz 28-day aged Hereford Sirloin Steak</b> (1w,3,6,7,10,11,12)	<b>€34.50</b>
cooked to your liking. Served with a choice of cracked black peppercorn sauce, garlic butter or red wine jus and crispy onion rings, with a choice of chips & salad or potato & vegetables.	
<b>6oz Hereford Steak Sandwich</b> (1w, 3,6,7,10,11,12)	<b>€22.50</b>
served on toasted garlic ciabatta bread with sauteed onions & mushrooms, pepper sauce, chips and salad garnish.	
<b>Southern Buttermilk Chicken Burger</b> (1w,3,6,7,10,12)	<b>€20.50</b>
seasoned battered chicken fillet with lettuce, tomato, avocado, sweet chilli mayonnaise in artisan brioche bun with chips and salad.	
<b>Lakeside 8oz Beef Burger</b> (1w,3,6,7,10,12)	<b>€19.50</b>
with streaky bacon, crispy onion and smoked applewood cheese on a brioche bun with a choice of tomato relish, peppercorn sauce or lakeside burger sauce (4) with chips and salad.	
<b>Spinach, Chickpea &amp; Potato Curry</b> (1,11)	<b>€16.60</b>
add sautéed chicken (1,11)	<b>€20.50</b>
add prawns (1,2,11)	<b>€21.95</b>
with basmati rice & garlic coriander naan bread.	
<b>Oven Baked Fillet of Salmon</b> (4,7,9,12,14)	<b>€24.50</b>
on buttered greens, with Sicilian sundried tomato cream sauce.	
<b>Beer Battered Fish &amp; Chips</b> (1,4,7,12)	<b>€20.00</b>
made with local Tipperary craft beer, mushy peas, tartar sauce and chips.	
<b>Escalope of Paprika Scented Chicken Fillet</b> (1,3,7,10,12)	<b>€20.50</b>
with grilled Manchego cheese, crispy Parma ham crumb, served with chips and salad or mash and veg	
<b>Creamy Garlic, Tomato &amp; Chorizo Pasta Tagliatelle.</b> (1,3,7,12)	<b>€18.50</b>
add chicken (1,11)	<b>€20.50</b>
add prawns (1,2,11)	<b>€22.95</b>
with parmesan shavings and toasted garlic sourdough bread.	
<b>Vegetarian Creamy Garlic Pasta Tagliatelle</b> (1,3,7,12)	<b>€18.50</b>
with peppers, red onion & spinach.	
Served with garlic sourdough bread.	

Room Service Tray Charge €6.00 | Drinks Tray Charge €3.00 | Vegan Menu Available

1= cereals containing gluten,  
2= crustaceans,  
3= eggs,  
4= fish,  
5= peanuts,  
6= soya,  
7= milk,

8 =nuts,  
9= celery/celeriac,  
10= mustard,  
11= sesame seeds,  
12= sulphur dioxide (sulphites),  
13= lupin,  
14= molluscs

# GOURMET SANDWICHES

AVAILABLE DAILY  
12.00-18.00

<b>Toasted Ciabatta Chicken</b> (1w,3,7,10,12)	<b>€17.00</b>
chedder cheese, garlic mayonnaise, crispy onion & bacon. Served with chips & salad.	
<b>Toasted Ciabatta Curry Chicken</b> (1w,3,7,10,12)	<b>€17.00</b>
curry mayonnaise, crispy onions, lettuce & tomato. Served with chips & salad.	
<b>Toasted Ciabatta B.L.T.</b> (1w,3,7,10,12)	<b>€17.00</b>
buttered, oven roasted ciabatta with crispy bacon, lettuce, tomato & mayonnaise. Served with Chips & salad.	
<b>Open Irish Smoked Salmon</b> (1,3,4,7,10,11,12)	<b>€17.50</b>
oak smoked salmon served on our homemade buttered brown bread with lemon, caper & side salad.	

## TOASTED SOURDOUGH SANDWICHES

Regular €8.00 | Toasted €9.00

Choose 3 fillings: ham, chicken, tuna, bacon, cheese, lettuce, tomato, peppers, onion.

Extra fillings €1.00

# SIDE ORDERS

<b>Chips</b> (1w,12)	<b>€4.50</b>
<b>Onion Rings</b> (1w, 12)	<b>€4.50</b>
<b>Rustic Garlic Bread</b> ((1,3,7)	<b>€4.50</b>
<b>Side Salad</b> (10,12)	<b>€4.50</b>
<b>Coleslaw</b> (3,10,12)	<b>€4.50</b>
<b>Buttered Vegetables</b> (7)	<b>€4.50</b>
<b>Roasted Vegetables</b>	<b>€4.50</b>
<b>Creamed Potato</b> (7,12)	<b>€4.50</b>
<b>Sweet Potato Fries</b> (1)	<b>€4.50</b>
<b>Dirty Sweet Potato Fries or Chips</b> (1w,7,12)	<b>€6.50</b>
with bravas sauce, cheese sauce, garlic mayonnaise, crispy bacon lardons & crispy onions.	

# DESSERTS

All of our desserts are made inhouse by our pastry team	<b>€9.00</b>
<b>Cheesecake of the Day</b> (1w,3,7,8)	
with fruit coulis & fresh cream	
<b>Apple &amp; Cinnamon Crumble Tart</b> (1w,3,7,8,12)	
with warm custard & vanilla ice cream	
<b>Sticky Toffee Pudding</b> (1,3,7)	
with caramel sauce & vanilla ice cream.	
<b>Warm Chocolate Brownie</b> (1w,3,6,7)	
with vanilla ice cream & Belgian chocolate sauce	
<b>Tiramisu</b> (1w,3,6,7)	
lady finger biscuits soaked in coffee & rum with sweetened mascarpone cheese & cocoa.	
<b>Trio of Ice Creams</b> (1,3,7,8)	<b>€7.00</b>
with caramel and chocolate sauce	

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